

Day Menu

Available 8:30am-2:30pm

Build-a-Breakfast

Tuscan seasoned New Zealand salmon (GF) **\$9.0**

Karaage fried chicken (GF) **\$9.0**

BBQ maple glazed bacon (GF) **\$6.0**

Chorizo (GF) **\$7.0**

Two free-range eggs poached/scrambled/fried (GF) **\$6.0**

Side of two toasted Brioche, Bumblebee Bakery seedy grain, or gluten-free. **\$6.0**

Two potato and herb rostis (GF) **\$6.5**

Kale and chickpea falafel (GF) **\$7.0**

Creamy coconut portobello mushroom (GF/DF) **\$7.5**

Fresh baby spinach (GF) **\$4.0**

Extra side sauce (relish, aioli, tomato, hollandaise, smokey bbq, tartare, Kewpie mayo, sweet chilli) **\$1.0**

Brioche French Toast

Your choice of either;

- Maple syrup and toasted pecan **\$15.7**

- OR Cherry compote, dark chocolate mascarpone and toasted pecan **\$21.5**

Add BBQ Maple glazed Bacon **\$6.0**

Little Liberty ice cream **\$4.5**

Quail's Nest Breakfast \$28

Two free-range egg, poached/scrambled/fried, BBQ maple glazed bacon, chorizo sausage, creamy coconut portobello mushrooms, roasted red pepper, potato and herb rosti, fresh baby spinach, kasundi relish with a choice of toasted Brioche, gluten-free toast or Bumblebee Bakery seedy grain

GFA - VGA

Potato and Herb Rosti Stack \$23.0

With two kale and chickpea falafel, fresh baby spinach, roasted red pepper, two poached free-range eggs, feta and olives

Add BBQ maple glazed bacon **\$6.0**

Add Hollandaise **\$1.0**

GFA - VGA

Croissant Eggs Benedict

With two free-range poached eggs on house baked croissant with hollandaise, roasted red pepper and fresh baby spinach

With your choice of either;

- BBQ maple glazed bacon **\$25.0**

- OR Creamy coconut and portobello mushroom (DF) **\$25.0**

- OR Karaage fried chicken **\$25.0**

- OR Tuscan seasoned New Zealand salmon **\$27.0**

Add potato and herb rosti **\$3.5**

GFA - VGA

Lunch

Available 8:30am-2:30 pm

Quail's Nest Sandwich \$25.5

Toasted Ciabatta

With your choice of either;

- Eye fillet minute steak, pea pesto, caramelised onion, brie, lettuce and aioli
- OR Pork belly, sweet and sour mandarin chutney, brie and house-made Asian slaw
- OR Karaage chicken, Kewpie mayo, brie, lettuce and aioli
- OR Halloumi Steak, baby pea pesto, balsamic glaze and house-made Asian slaw

Add golden fries and aioli **\$5.0**

VGA

Karaage Fried Chicken Waffle \$23.5

With house-made Asian slaw, maple syrup and Kewpie mayo

Nourish Bowl

With lettuce leaves, pea pesto, mixed nuts, chickpeas, roasted pumpkin, edamame beans and lentils

With your choice of either;

- BBQ Maple glazed bacon and tomato relish **\$24.4**
- OR Karaage fried chicken and Kewpie mayo **\$24.4**
- OR Kale and chickpea falafel with coconut yogurt **\$24.4**
- OR Halloumi steak, balsamic glaze and aioli **\$24.4**
- OR Tuscan seasoned New Zealand salmon **\$26.4**

GF - VGA - DF

Fresh Local Citrus and Nori Crumbed Fish and Chips \$27.5

With house-made asian slaw, and golden fries.

Add tomato, or tartare, or aioli sauce **\$1.0**

GF - DF

BLT Sandwich \$18.0

BBQ maple glazed bacon, lettuce, and sliced tomato on toasted Bumblebee Bakery seedy grain.

Add golden fries and aioli **\$5.0**

GFA

Seasonal Soup of the Day \$15.0

Seasonal vegetable soup, served with a choice of toasted brioche, Bumblebee Bakery seedy grain, or gluten-free.

GFA - DFA

Golden Fries \$10.0

With aioli and tomato sauce